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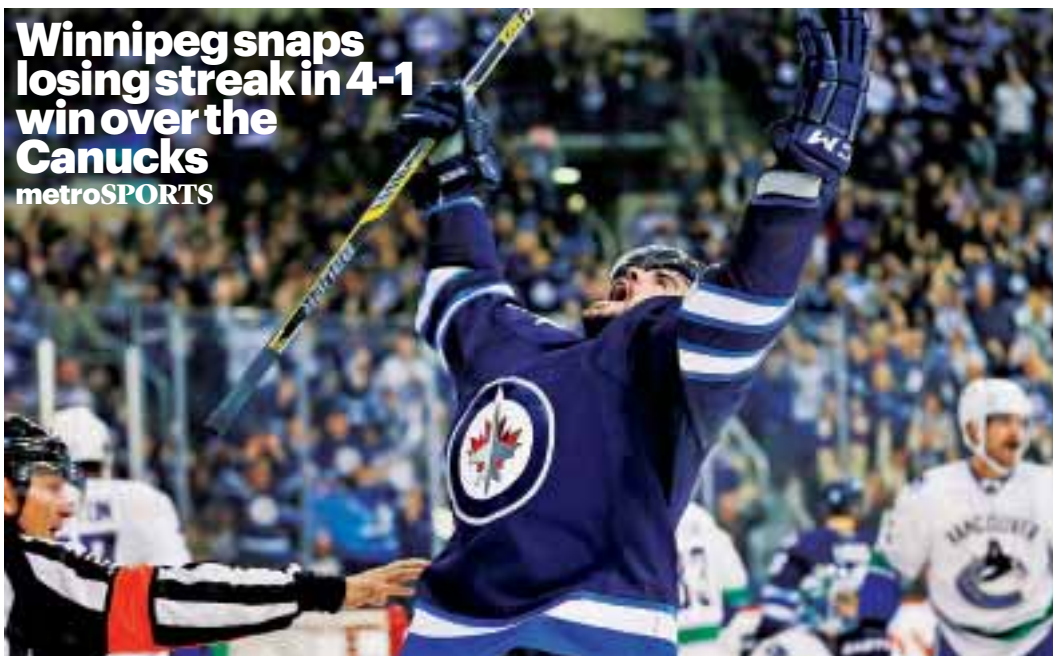
Plus Carrie Brownstein's journey to Portlandia

Your essential daily news | THURSDAY, NOVEMBER 19, 2015

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Winnipeg snaps losing streak in 4-1 win over the Canucks
metroSPORTS



The Jets' Drew Stafford celebrates his goal against Vancouver in second period. JOHN WOODS/THE CANADIAN PRESS

JETS FUELLED

Province aims to curb sexual violence cases

PROPOSED LEGISLATION

Campus policies would be required

All post-secondary institutions in Manitoba would have to bring in policies to prevent and respond to sexual violence on campus under legislation introduced Wednesday.

Education Minister James Allum said the proposed law would require post-secondary institutions to develop policies in consultation with students. Colleges and universities would also have to report publicly about anything related to the policies, he said.

The goal is to make campuses safer and protect students from sexual harassment through prevention and consequences — including expulsion — for offenders, he said.

"The point is to ensure there are consequences ... and that those consequences are clear and transparent in the first place," Allum said.

"It was a personal matter for me because, a few years ago, I was sexually assaulted on campus," said student Sadie-Phoenix Lavoie after the announcement. She said there were some supports, but not enough.

"If a woman was to go through that same experience, she knows that she has those supports and knows that there's going to be repercussions for the assailant, which wasn't there for me," said Lavoie.

"This is a good step forward in addressing ... rape culture."

Experts say at least one in five women is a victim of sexual violence during her post-secondary education. THE CANADIAN PRESS WITH FILES FROM MEG CRANE/FOR METRO

World awaits fate of Paris attacks mastermind

WORLD METRONEWS

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Santa's Ice City kicks off mall's holiday season

CHRISTMAS

Winter display recreates the magic of the northern lights

Donna Maxwell
For Metro | Winnipeg

There's a good chance Santa might decide to move to Garden City Shopping Centre from his home at the North Pole when he gets a load of Ice City, the new digs the mall has built for the jolly fella.

Ice City features towering icebergs lit from above with LED lights that dance and move to recreate the Northern Lights shimmering off the ice, and Garden City's property manager Rebecca Hyatt said the effect is stunning.

Hyatt and other mall staff got a preview of Ice City at designer Ken Cade's Brokenhead Studio, and she said it was jaw-dropping.

"It was beautiful," Hyatt said. "We're super excited for this to finally be here."

Cade and his team worked on Ice City for about two months and just now moved the finished product from his Beausejour studio into the McPhillips Street mall. It took a 50-foot trailer and a pickup truck to haul it all in.



Ken Cade, left, and Rebecca Hyatt, amid the icebergs of Ice City. The mall's display opens this Saturday and features towering LED-lit ice and a family of polar bears. DONNA MAXWELL/FOR METRO

Cade said mall officials approached him about updating its Christmas display. They wanted something elegant, contemporary, non-traditional, easy to set up and with a definite "wow" factor.

Inspiration struck Cade while he was driving one night.

"I was driving home, and the Northern Lights had been

out quite a bit this spring and summer, and I thought, "That's it; that's the theme," he said.

"This never gets old, doesn't go out of style. It's nature."

The icebergs are made of Styrofoam, coated with two-part epoxy and painted. Though some stand as tall as 14 feet, they're light and require no tools to set up.

There's also three polar bears that live at Ice City, a mama and two cubs, and Cade made those as well.

He said he did several scans of a toy bear, small enough that it could fit in his hand, fused the scans together to make a 3D model and used a computer program to enlarge it.

Then with a special router,

he milled out the bears.

Cade and crew are busy assembling the display. On Saturday, when Santa arrives, it'll go live.

He's as excited as a kid on Christmas Eve.

"This is a great thing to do artistically, but I can't wait to see the kids' faces. That's gonna be the pay (off)," he said.

POLICY COMMITTEE

City moves motion to study rec centre



Elisha Dacey
Metro | Winnipeg

City council's executive policy committee (EPC) has voted to study the idea of a massive recreation centre in south Winnipeg, bolstered by the support of numerous community groups.

Members of the Chinese and Islamic community, along with representatives for local seniors, voiced their support for the project to EPC on Wednesday, noting current facilities are not nearly enough.

A representative of the Manitoba Islamic Association says their Grand Mosque in the area accommodates numerous cultural groups for events and sports, which they're not set up for.

Coun. Janice Lukes said the facility needs to be built to service the area's soon-to-be 40,000 residents.

A recent report recommended the project be more than just a sheet of ice and community centre. It also incorporates schools, a library and a pool.

A project of that size would require at least 40 acres of land, will cost at least \$60 million and will take a good five years to complete.

The city's administration recommended Wednesday spending \$350,000 to find a site, develop site plans and do community consultation.

Members of EPC voted all in favour of the first step, which still needs council approval.

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CHILD SERVICES STUDENTS STAGE 'CRY-IN' A group called 25 Not 21 staged a cry-in on the legislature steps Wednesday afternoon to let provincial politicians know they're disappointed with their lack of interest in youth in foster care. The group is hosting a screening of a documentary called *Live My Life, See What It's Like* on Nov. 23 at Thunderbird House. And though they hand-delivered invites to MLAs on Monday, they only got one reply, and it was a "no." Child and Family Services Minister Kerri Irwin Ross came out to speak to the group but would only commit to Child and Family Services staff attending. **DONNA MAXWELL/FOR METRO**

ROBBERY

Police release photo of alleged poppy-box thief

Winnipeg police are looking for a man they say stole a poppy box from a store in St. Vital.

Police said on Wednesday that a man walked into a store on St. Anne's Road on Nov. 4 at about 10:25 a.m. and headed to the customer-service counter. When asked if he needed help, he said he didn't, grabbed the poppy dona-

tion box, shoved it under his coat and fled the store. Staff tried to follow him but couldn't catch up.

Police are looking for a white man, 20 to 30 years old, five-foot-eight with a medium build and short light-brown hair. He was wearing a black winter jacket, black pants, a Winnipeg Jets scarf and black shoes. Anyone with information is asked to call police at 204-986-2857. **METRO**



Winnipeg police are hoping someone will recognize the man in the photos, who is suspected of stealing a poppy donation box. **COURTESY WPS**



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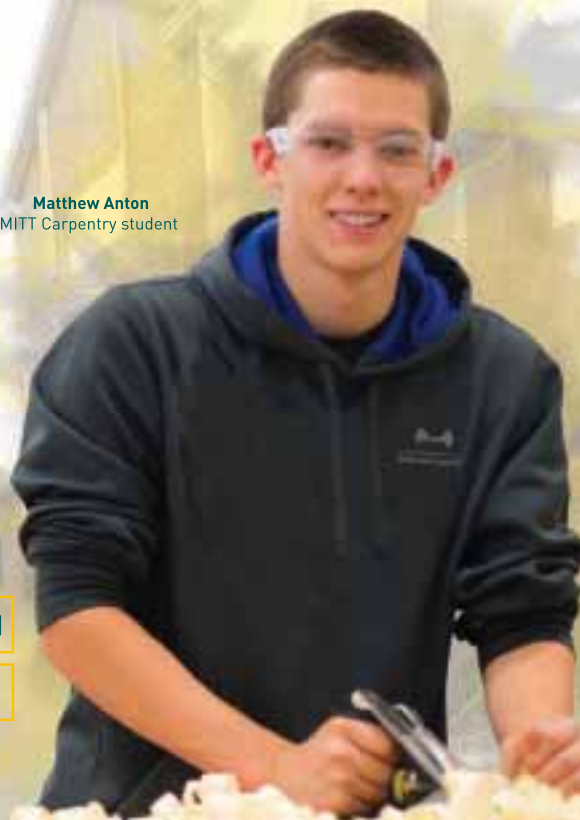
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POLITICS

NDP apologizes after Tory called 'fascist'

Manitoba's government house leader apologized Wednesday after a Conservative member of the legislature said he was called a "fascist" by an NDP cabinet minister.

Opposition critic Reg Helwer, who is of German descent, said he was responding to the government's throne speech on Tuesday when Municipal Affairs Minister Drew Caldwell heckled him.

The remark was not recorded in Hansard, the official record of debate in the house, but Helwer reacted to the comment. He told the legislature the insult was unacceptable and has damaged his reputation.

"The word fascist conveys anger ... hatred. It is a word filled with emotion," Helwer said. "I have many friends in the Jewish community. I now have to answer to them when someone has called me a fascist."

"That has an impact on my integrity, on my reputation and how people view me as a member of this legislature."

Helwer said he debated whether to raise the issue and decided it was too important to

ignore. He said people are talking about it in his home constituency in Brandon. Caldwell also holds a seat in the city.

"I can't say enough about how this horrible word, uttered by the member from Brandon East, has had an effect on my reputation," Helwer said, his voice cracking with emotion. "I have heard words such as this in the playground because Helwer is a German name."



Clearly that word directed at a member is not appropriate.

House leader
Dave Chomiak

"My great-grandparents came from Germany after the First World War ... Fascism was not a part of their world at that time."

Caldwell did not immediately respond to the allegation.

A spokesperson said he was at a funeral on Wednesday.

House leader Dave Chomiak apologized to the legislature on Caldwell's behalf and called the word reprehensible.

"Clearly that word directed at a member is not appropriate," Chomiak told the Speaker.

Outside the legislature, Chomiak said he hadn't spoken to Caldwell but had no reason to doubt Helwer's word. Caldwell was probably "charged with emotion" and will apologize, he said.

"It's a terrible word. It's a lousy word. It shouldn't be used in public discourse."

Speaker Daryl Reid called it a "very serious matter" and said he will review the exchange. Reid suggested that if Caldwell wanted to apologize to the legislature, he should do so himself.

"This is our workplace," he said. "We want to make sure we conduct ourselves in a dignified way and we act with respect toward each other."

THE CANADIAN PRESS



India Clarke, 22, was shot to death in Tampa, Fla. on July 21. She will be remembered along with 84 others this year. CONTRIBUTED

Residents to honour transgender victims

TRANS DAY OF REMEMBRANCE

Names of 85 people killed over the year to be read at vigil

Meg Crane
For Metro | Winnipeg

Trans Day of Remembrance is held on Nov. 20 of every year to memorialize transgender people who were murdered in the previous year, and Winnipeg will be having their own event.

"When I started going to these things, I was very scared about being out," said Shandi

Strong, chair of the Winnipeg Trans Day of Remembrance organizing committee.

During the vigil, the names of trans people who were murdered over the past year all over the world are read. In past years, so was the method of their murder.

"The murders that happen are very graphic. It's hatred and violence. Often people are disfigured, beaten beyond recognition," said Strong, who recalls getting choked up at past vigils listening to the list of violent deaths.

This year, only the names will be on the list.

"It's bad enough that we have 85 names to read this year," Strong said.

At 6:30 p.m. Friday, the vigil

+ BACKGROUND

- Trans Day of Remembrance was started in 1999.
- In 2014, services were held in 200 cities.

will begin in Riddell Hall at the University of Winnipeg.

In past years, the committee asked specific community members to read the names. This year, trans people and allies volunteered themselves.

Afterwards there will be several speeches focusing on good news to end on a hopeful note, said Strong.

School board trustee Lisa

Naylor, who Strong said has been instrumental in changing policies to make schools safer for trans students, will talk at the event.

"I've attended in the past because there are people in my life who are transgender," said Naylor. However, she said she'd go even if she didn't know anyone who was trans.

"This is about human beings," said Naylor.

The changes she works to make in schools are to show children that being trans is normal, which will reduce the fear that leads to violence, said Naylor.

"I hope that in the next generation, we won't see the violence we now see against transgender people," said Naylor.



Drew Caldwell CONTRIBUTED



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Chic Gamine still smokin' hot

BACKSTAGE PASS

Folk-pop band loses a singer, finds new voice with old friend

Jared Story
Metro | Winnipeg

The departure of a founding member couldn't douse Chic Gamine's fire.

Released on Oct. 23, *Light a Match* is Chic Gamine's first album in five years and its first without vocalist Ariane Jean, who left the Winnipeg/Montreal-based band in 2014.

While amicable, Jean's retreat forced the remaining members of Chic Gamine — vocalists Alexa Dirks, Andrina Turenne and Annick Bremault and drummer Sacha Daoud — to take stock.

"When she decided to leave, the first question was, 'Do we want to keep going?' We decided yes," Dirks says.

"The next question was, 'Do we want to audition another

singer? Almost immediately we felt like that wasn't a very favourable thing to do. We have such a natural chemistry with each other. We weren't going to try to replace Ariane because no one is able to do exactly what she did. Why try to do the same thing? Let's evolve."

With no shortage of singers, Chic Gamine elected to beef up its rhythm section, bringing bassist/guitarist Benoit Morier into the fold. A long-time friend of the band, Morier produced Chic Gamine's self-titled debut album in 2008.

"Ben has been involved in the band's life since it began. Some of the girls grew up in St. B with him and have played music together since they were kids," Dirks says.

"We already knew him, and he had actually already toured with us. We went down to Louisiana and played a festival when Ariane was still in the band, and Ben came with us

for fun. He brought his guitar and played some music with us. He felt like the natural person to fill the void."

Despite the shakeup, Chic Gamine sounds tight on *Light a Match*. Recorded in Montreal with producer Sébastien Blais-Montpetit, the album sees Dirks, Turenne and Bremault singing in unison more than ever, especially on the powerful title track.

"We've been singing together for so long, we know how to blend with each other with our eyes closed," Dirks says.

"We love singing together

so we wanted to expand on what that meant, trying different harmonies and trying singing together all as one voice."

Chic Gamine plays *The Good Will Social Club* on Saturday. *Slow Spirit* opens the show. Tickets are \$20 at *The Good Will*, *Music Trader* and *Ticketfly*. Doors at 9 p.m., show at 10 p.m.



We know how to blend with each other with our eyes closed.

Alexa Dirks



Chic Gamine plays *The Good Will Social Club* on Saturday. RACHEL BOESE/CONTRIBUTED

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WEEKEND

Local artisans shine at craft show

Shel Zolkewich
For Metro | Winnipeg

The Signatures Craft Show & Sale returns to Winnipeg for its 36th installment this weekend, and organizers are promising a bigger and better show.

"We have always received a warm welcome in Winnipeg and we love the enthusiasm and vibrancy of our showgoers," said Etienne Dale, public relations specialist for the Ottawa-based company that brings the show to town. "The importance of supporting local and shopping small has never been more prevalent among shoppers, and we believe that our unique marketplace offers them the very best Canadian handmade shopping experience."

Among the 150 vendors are first-timers Coal and Canary Candle Company, led by owners Amanda Buhse and Tom Jansen. At just over a year old, the company has tapped into a sweet spot among young professionals who rave about the quality scents and cheeky candle names.

"Chunky Knit Sweater seems to be a favourite for everyone,"

said Buhse. "There's something about that pumpkin, spice and pecan scent that everyone loves."

Johanna Brierley's jewelry is inspired by lucky stones with natural holes, found at the water's edge. For generations, her family has been collecting these treasured symbols of good luck. Cast in gold and silver, her earrings, necklaces, bracelets and rings each begin with a found stone.

"After being in business for eight years, the very first stone I cast and necklace I made is my best-selling piece. The name of the piece is 'Lucky In Love' because the beach stone I use has a hole in the shape of a heart," Brierley said.

+ SHOWTIME

The Signatures Craft Show & Sale runs Nov. 19-22 at RBC Convention Centre Winnipeg. Show hours are 11 a.m. to 9 p.m. Thursday and Friday; 10 a.m. to 6 p.m. Saturday; and 10 a.m. to 5 p.m. Sunday. Admission is free.

SHEL ZOLKEWICH/FOR METRO



The Coal and Canary Candle Company are first-timers at the Signatures Craft Show & Sale, on this weekend. HANDOUT



Two visually impaired children, including Ian, pictured, routinely take part in archery. CONTRIBUTED

Archery range caters to the blind

RECREATION

Weekly group encourages perseverance

Meg Crane
For Metro | Winnipeg

You don't need to be able to see to make your mark in archery.

When Derek Lackey became blind two years ago, he didn't think he'd ever be able to shoot a bow again.

When he found out Heights Archery Range provides archery for people who are visually

impaired on Thursday nights, he said he was dumbfounded.

"It's kind of like you lose something and you find it again. It's something that you've been really missing or wanting," said Lackey.

A tripod is set up for the archers that helps guide them and gives them physical markers for setting up.

The supervisors let the archers know by how much they miss the target and in which direction, and they adjust their position.

"After a while, you'll understand where it is," said Stephen McKinney, sports technical officer for the Manitoba Blind

"I like the excitement when I hit the targets."
Stephen McKinney

Sports Association.

Balloons are set up near the targets so the archers can hear them pop when they do hit their mark.

"I like the excitement when I hit the targets," McKinney said.

He tried archery when he had sight and finds it more challenging now, not just because he cannot see.

When he had sight, instructors didn't go into the details of how to shoot. Now, he's working on his technique as well as accuracy.

This is proof that being blind shouldn't stop someone from doing what they want, McKinney said.

"There's a lot of things you can do if you're blind or have a disability," said McKinney, who also kickboxes, plays baseball and curls.

The Manitoba Blind Sports Association organizes several sports for people who are visually impaired, including yoga, swimming lessons, golf and rowing.

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CLIMATE CHANGE

Minister agrees 'urgent' threat needs action now

Canada is backing strong warnings from U.S. President Barack Obama about the need for nations to act on the "urgent, growing" threat of climate change.

In an address to a business audience at the APEC summit in Manila, Philippines, Wednesday, Obama laid out the threat of climate change, saying the "patterns and the science don't lie" and that no nation is immune to the consequences.

"Temperatures and sea levels are rising, ice caps are melting, storms are strengthening," he said. "If we want to prevent the worst effects of climate change before it's too late, the time to act is now, and it is going to affect people's bottom lines," Obama said.

"We will be able to price the costs in serious ways, already insurance companies are factoring it into their determina-



U.S. President Barack Obama chats with Prime Minister Justin Trudeau at the G20 summit in Antalya, Turkey. Canada will join the UN climate-change conference in Paris on Nov. 30.

EPA/TOLGA BOZOGLU/TORSTAR NEWS SERVICE

tions," Obama said.

"That's why in Paris we have to come together under an ambitious framework to protect the one planet that we have while we still can," he said.

Obama's comments come as nations prepare to gather in Paris later this month in a bid to reach new agreement to curb greenhouse gases.

Obama's remarks were en-

dorsed Wednesday by Foreign Affairs Minister Stéphane Dion, who agreed with an analogy that climate change is a cancer.

"It's the worst threat we are facing during this century,"

“Everyone's got to do their part.”
Environment Minister
Catherine McKenna

Dion told reporters.

He said Canada will be a strong advocate for a climate change deal and will work with the United States and summit host France to make it happen.

"We will be strong on the floor. We will speak to any country that may have difficulties because we need to have unanimity at the end of the day," Dion said, adding that leaders are taking the upcoming talks "seriously" and there is "momentum" for a deal.

The argument that action on the environment hurts the economy no longer stands, he said.

"To disassociate climate change from the economy, to have classic discussion on the economy as if we didn't have this problem of our relationship with the planet, it is passé now," Dion said.

TORSTAR NEWS SERVICE

MONTREAL

Call for killings leads to charges

A Montreal man allegedly behind a video that called for the revenge killing of "Arabs" in Quebec has been charged with inciting hatred, uttering death threats and being responsible for a hoax terrorist threat.

Jesse Pelletier, 24, was allegedly the author of a video that surfaced over the weekend calling for the province to be "cleaned" of its "Arab" population. The person in the video suggested the recording was made "the day after the attacks in Paris."

"Starting next week, there will be murders across Quebec," said the man, who was dressed as the Joker character from the Batman series and waved a replica handgun in the video. "We will eliminate one Arab each week to get rid of them and clean up the province of Quebec. We are a group of 10 people and we will all eliminate them, one by one."

TORSTAR NEWS SERVICE

DEFENCE

Expanding military training in Iraq a possibility: Minister

The country's new defence minister opened the door Wednesday to expanding the Canadian training mission in Iraq beyond just teaching Kurdish peshmerga fighters, saying the soldiers will go where it makes sense and where they can have the greatest impact.

Harjit Sajjan said options for the Trudeau government's beefed-up commitment to the campaign against the Islamic State of Iraq and the Levant (ISIL) are still being formulat-

ed, but it's clear some of the boundaries put in place by the previous government are either going to be removed or relaxed.

The former Conservative government chose to align itself with the Kurds, who operate in a semi-autonomous region in northern Iraq and have shown the most willingness to battle extremists.

Sajjan says he's talking with the U.S.-led coalition on where Canadian troops would be of most use but would not rule

out expanding the training mission to include conventional army units and Iraqi forces in the country's south.

"I'm open to looking at all the different options," said Sajjan, who did three tours in Afghanistan and one in the Balkans as a reserve officer.

"I'm not looking at just from the Kurds perspective, or the Iraqi perspective; I'm looking at how we can have a meaningful contribution."

THE CANADIAN PRESS

POLITICS

The 'Apec hotties'

Who's sexier: Prime Minister Justin Trudeau or Mexican President Enrique Peña Nieto?

That was the burning question asked on the front page of a Manila newspaper Wednesday as the APEC summit opened in the city.

A pair of large photos of the two leaders filled the top half of the Philippine Daily Inquirer broadsheet. The caption read: "Ladies choice Are you with Team Nieto or Team Trudeau?"

The newspaper said the two leaders have been described in

reports as "Apec hotties."

Employees and staff of the country's Bureau of Immigration and members of local media reportedly tried to get selfies with Trudeau after he landed in Manila on Tuesday.

THE CANADIAN PRESS

POLITICS

Sen. John Wallace to sit as independent

New Brunswick Sen. John Wallace is resigning from the Conservative caucus, citing "irreconcilable differences" between himself and his party over the role of the upper chamber — which he feels should be non-partisan.

Wallace, who was appointed to the Senate in 2009, said changes need to happen and being an Independent will allow him to speak to that.

THE CANADIAN PRESS

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Minister seeks to reassure Canadians

SECURITY

CSIS director stresses checks on expected 25K refugees

Top federal public safety and national security officials tried to allay public fears they might not properly screen 25,000 Syrian refugees expected by year's end, and downplayed Tuesday any threat to Canada in the wake of the Paris attacks.

At a news conference flanked by his senior advisers, Public Safety Minister Ralph Goodale said the government will not change the timeline for meeting its campaign promise of fast-tracking refugees, nor is it cutting or reducing any of the necessary checks to meet that timeline.

The Liberal plan, yet to be outlined by the immigration minister, will use "layers" of security checks on new arrivals to

verify documents and identity, including checks of domestic and international databases, "biometrics" verifications such as fingerprints, and personal interviews by officials "to make sure at the end of the day we achieve the humanitarian objective and do so in a way that respects the security and health imperatives that Canadians expect," said Goodale.

Michel Coulombe, head of CSIS, Canada's spy agency, said the Canadian Security Intelligence Service was an "integral part" of developing the screening procedures.

"I want Canadians to know that as director of CSIS I am confident the measures in place are robust and again I have full confidence in terms of being appropriate."

Goodale and his officials insisted "there is no rationale" that warrants any change to the threat level in Canada, which has been "medium" since October 2014.

TO STAR NEWS SERVICE



Minister of Public Safety and Emergency Preparedness Ralph Goodale said the timeline won't change. THE CANADIAN PRESS FILE

ISIL

Ambassador now calls group Daesh

The U.S. ambassador to Canada is using yet another name — "Daesh" — for the multi-monikered terrorist group known variously as the Islamic State of Iraq and the Levant (ISIL), the Islamic State of Iraq and Syria (ISIS) and the Islamic State.

Politicians are increasingly using the D-word for two simple reasons: to strip the group of its credibility and to steer away from the Islam-versus-the-West dynamic it apparently craves.

"I'm using the term 'Daesh' now, instead of ISIL," Bruce Heyman said in an interview.

"I think it's unfair to refer to Islam, and it's totally inappropriate to think of it as a state — so anything calling it the 'Islamic State' is wrong."

Arabs who oppose the group customarily use a version of Daesh, as do European politicians and U.S. Secretary of State John Kerry, among others.

The group apparently hates it so much it threatened to cut out the tongues of those who use it. That's because it sounds like an insult, resembling the Arabic word "daes," which refers to something that stomps, or crushes. THE CANADIAN PRESS



IN BRIEF

B.C. judge says RCMP may have acted illegally

A B.C. Supreme Court judge says there's evidence the RCMP acted illegally during a terrorism sting operation and has ordered police to submit documents.

The Mounties may be guilty of knowingly facilitating a terrorist act.

THE CANADIAN PRESS

Man arrested on Parliament Hill in court

A Toronto man arrested for allegedly carrying a hidden weapon on Parliament Hill was remanded in custody Wednesday after a brief court appearance.

Yasin Ali, 56, was detained by the Parliamentary Protective Service on Tuesday. THE CANADIAN PRESS

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Assad a 'lesser evil'



Syrian President Bashar Assad reviews the presidential guard during a welcoming ceremony in Athens in 2003. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS FILE

MIDDLE EAST

Desire to save Syria's leader grows as ISIL gains ground

The tide of global rage against the Islamic State of Iraq and the Levant (ISIL) lends greater urgency to ending the jihadis' ability to operate at will from a base in war-torn Syria. That momentum could also force a re-evaluation of what to do about President Bashar Assad and puts a renewed focus on the position of his key patrons, Russia and Iran.

The Syrian leader has lost much of the country to ISIL and other groups in the four-year war — half the population has been displaced, many areas have been levelled and masses of refugees are flooding Europe. Along the way, Assad's brutal military response has made him persona non grata in most of the world.

Portraying himself as the only viable alternative to jihadi rule, Assad has labelled all his enemies "terrorists" — a designation that, in the wake of the

recent attacks on civilians by ISIL, may find greater resonance.

Cutting a deal with Assad would be the "lesser evil," Spanish Foreign Minister Jose Manuel Garcia-Margallo said Wednesday.

"If we want peace, we have to find a way of getting along with Assad, at least in a transition period," Garcia-Margallo said.

Britain's former military chief, Gen. David Richards, echoed that sentiment, saying in a BBC interview that a ceasefire in Syria could allow Assad and his military to take a leading role in battling ISIL.

The fact remains, though, that the U.S. and its allies don't want to see Assad benefit from any effort to dislodge ISIL from territory it controls in Syria — unlike in Iraq, where the Baghdad government is considered legitimate by the world community.

A temporary reprieve is starting to seem more possible, setting the stage for what some observers suggest may be an arrangement in which Assad is part of a transition government that has a role in the priority of defeating ISIL — but then quietly makes way.

THE ASSOCIATED PRESS

YEMEN

Poorest country in Arab world suffers

The United Nations says 5,700 people have been killed in the conflict in Yemen since March 26, including 830 women and children, while efforts to coax all sides into another attempt at peace talks continue.

Meanwhile, basic services are collapsing in what was already the Arab world's poorest country, the UN's humanitarian co-ordinator for Yemen, Johannes Van Der Klaauw, told reporters Wednesday.

He said 21.2 million people, or 82 per cent of the country's population, require some kind of humanitarian assistance. Fourteen million people lack sufficient access to health care. And 1.8 million children have been out of school since the conflict began.

"Nearly 320,000 children are acutely malnourished," he added.

He did not say how many civilians were among the 5,700 killed during the conflict. The UN human rights office in late October reported that more than 2,600 civilians had been killed so far, about two-thirds of them by airstrikes.

Since March, a coalition led



Fighting in Yemen continues. THE ASSOCIATED PRESS

by neighbouring Saudi Arabia and backed by the United States in support of Yemen's internationally recognized government has been fighting Iran-backed Houthi rebels who had seized large parts of the country, including the capital, Sanaa.

The international community has pleaded for months for the coalition to ease restrictions on crucial commercial imports such as fuel and medical supplies. Van Der Klaauw said supplies of fuel, food, medicines and other supplies were dangerously low, while food prices have soared.

THE ASSOCIATED PRESS

NIGERIA

Boko Haram bombs kill 49 in towns

A suicide bomber exploded Wednesday at a market in Yola, a town packed with refugees from Nigeria's Islamic uprising, emergency officials said Wednesday. At least 34 people were killed and another 80 wounded in Yola.

Later Wednesday, two more suicide bombers killed at least 15 people in the northern city of Kano and injured 53, according to police.

Nigeria's National Emergency Management Agency said more than 100 were

wounded.

The blasts were the latest by Boko Haram, Nigeria's home-grown extremists whose six-year insurgency has killed 20,000 and forced 2.3 million to flee their homes.

Boko Haram was named Wednesday as the world's most deadly extremist group in the Global Terrorism Index.

Deaths attributed to Boko Haram increased by 317 per cent in 2014 to 6,644 compared to 6,073 blamed on the Islamic State group. Boko

\$5 billion

Nigeria's annual defence budget, a figure that appears inadequate to fight insurgents. Critics say corruption is the source of the military's failure. THE ASSOCIATED PRESS

Haram pledged allegiance to IS in March and calls itself that group's West Africa Province.

Wednesday's explosions came as President Muhammadu Buhari pressed his campaign against Nigeria's endemic corruption, blamed for hampering the fight against the insurgents.

Buhari accused his predecessor's national security adviser of stealing billions of dollars meant to buy weapons to fight Boko Haram, when soldiers had just a few bullets and the Islamic extremists were rampaging across northeast Nigeria.

THE ASSOCIATED PRESS

IN BRIEF

Grenade found in Kosovo constitutional court yard

Kosovo's constitutional Court said Wednesday a grenade was found at its yard. Police exploded the grenade with a remote control "without human or material damage," a statement said. The same day, Kosovo police used tear gas to disperse opposition supporters protesting the arrest of a lawmaker who has participated in violence inside parliament aimed at trying to force the government to renounce recent deals that

would give power to ethnic-Serbs. THE ASSOCIATED PRESS

Iran cuts back on nuke tech

Iran has started cutting back on some nuclear technology, which could be re-engineered to make nuclear weapons, in line with a deal with six world powers, a UN nuclear agency report said Wednesday. However, diplomats familiar with the report said that the country is keeping thousands of machines that could be used for such a purpose on standby. THE ASSOCIATED PRESS

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A French soldier enforcing the Vigipirate plan, France's national security alert system, in front of the Eiffel Tower on Wednesday. JOEL SAGET/AFP/GETTY IMAGES

World waits to see if ringleader was killed

Paris France vows 'everything is being done' to stop attackers

Belgian Justice Minister Koen Geens says he cannot confirm the suspected mastermind of the Paris attacks was among those killed in a raid against an apartment north of the French capital.

He says Belgian Abdelha-

mid Abaaoud was "not among those arrested or those who have been identified."

French officials previously said Abaaoud was not among those arrested in Wednesday's raid in Saint-Denis, but didn't eliminate the possibility that he was killed, saying the identities of those slain are still being investigated.

The Belgian minister spoke after a cabinet meeting late Wednesday which was assessing what measures should be taken to counter the increased threat of terrorism.

He called Wednesday's raid a "big breakthrough" because

it shows law enforcement officials can track down suspects.

Meanwhile, security camera video from inside a restaurant as it is fired on by a rifle-wielding gunman has been posted online that provides a new look at last week's Paris shooting rampage.

The video posted on the Daily Mail website shows a nearly empty restaurant erupt into chaos with bullets smashing into walls and diners and staff diving for cover.

French police have banned public demonstrations until Nov. 22 in Paris and surrounding towns in the latest util-

ization of expanded security measures permitted under the state of emergency installed following last week's bloody attacks.

Interior Minister Bernard Cazeneuve said "everything is being done to capture" the attackers.

Both France and Russia are pursuing UN Security Council resolutions that seek to unite the international community in combating the Islamic State of Iraq and the Levant (ISIL).

But Russian Ambassador Vitaly Churkin says ignoring the Syrian government in

+ VIDEO

The restaurant with security footage is not named in Daily Mail's accompanying article but examination by The Associated Press suggests it is Casa Nostra, a pizzeria near the Bonne Bière, another restaurant hit by the attackers and where five people were killed.

the effort is "weakening the possibility of our joint fight against terrorism."

Russia on Wednesday circulated its draft resolution to all 15 council members, and France is expected to circulate its own shortly.

French Ambassador Francois Delattre told reporters that Russia's draft "is a contribution that we will examine very attentively."

France hopes that its own text will be adopted by the council as early as next week. It has not shared details.

Current council president Britain says members want to take action quickly on a "strong as possible" response to the recent Paris attacks.

THE ASSOCIATED PRESS

KILLING

Captives executed by ISIL

The Islamic State of Iraq and the Levant (ISIL) group said Wednesday that it has killed Norwegian and Chinese captives after earlier demanding ransoms for the two men.

The extremist group published two images of the men in the second-to-last page of its English-language magazine, saying they had been "executed after being abandoned by kafir nations and organizations." "Kafir" is the Arabic word for infidel. In the images, the men both appeared to have been shot to death.

The Norwegian man had been identified as Ole Johan Grimsgaard-Ofstad, 48, a graduate student in political philosophy from Porsgrunn, south of Oslo. The Chinese man had been identified as Fan Jinghui, 50, a self-described "wanderer" from Beijing who once taught middle school.

The militants did not say when or where the two were captured when announcing their captivity in a previous issue of the magazine, which showed them in yellow jumpsuits. However, the last post on Grimsgaard-Ofstad's Facebook page, dated Jan. 24, said he had arrived in Idlib, Syria, on his way to Hama.

Norwegian Prime Minister Erna Solberg told a press conference that the government cannot confirm the killing, but said "we have no reasons to doubt it."

"It is painful for the family and the whole country," she said. She called ISIL a "barbaric group" and said "we do not pay ransom." She added that "even if it hurts, we should never let the terrorists win."

THE ASSOCIATED PRESS

#JESUISCHIEN

Twittersphere unites over police dog killed in raid

People around the world are sending messages of support for a police dog that was killed during an early morning police raid in a Paris suburb that left two alleged suspects dead. The hashtag #JeSuisChien (I Am Dog) was the top trending topic in France at 9 a.m. Toronto time, with people sharing messages of solidarity with Diesel, the dog. The seven-year-old Malinois was part of the French RAID police unit. TORSTAR NEWS SERVICE

+ RADICALIZATION

The 'signs' were there

Much about Abdelhamid Abaaoud's path to armed Islamic radicalism remains mysterious. In the words of Koen Geens, the Belgian justice minister, he mutated from a student at an upscale Brussels school into "an extremely professional commando," one seemingly able to slip across borders at will.

The wanted jihadi's own father believes prison —

where he served time for petty crimes — changed him for the worse. After his son got out, Omar Abaaoud noticed "signs of radicalization," the elder Abaaoud's lawyer, Nathalie Gallant, told RTBF broadcasting Wednesday.

If so, that would fit the pattern of a number of jihadis who were radicalized in prison.

Abaaoud came onto the

international radar as a radical Muslim combatant for the first time in February 2014, said Jasmine Opperman, a senior director with the independent Terrorism Research & Analysis Consortium (TRAC).

During the campaign, Abaaoud was filmed at the wheel of a pickup truck dragging a load of mutilated corpses following a mass execution committed by Is-

lamic State at a place called Hraytan.

Abaaoud, by then using a nom de guerre, Abou Omar Soussi, wore the same kind of hat as many Afghan mujahedeen, and joked and appeared happy.

"His father was very much against him going there," the Belgian source told AP. But there was much worse news for the family.

THE ASSOCIATED PRESS



Egyptian soldiers collect personal belongings of victims at the crash site of a passenger airplane bound for St. Petersburg in Russia, which crashed in Hassana, Egypt's Sinai Peninsula.

THE ASSOCIATED PRESS FILE

Plane downed by bomb: ISIL

FLIGHT 9268

Image released in latest issue of extremist publication

The Islamic State of Iraq and the Levant (ISIL) group has released a photo of the bomb it says was used to bring down a Russian passenger plane in Egypt's Sinai Peninsula last month, killing all 224 people on board.

The picture was published in the latest issue of the extremist group's English-language magazine, with the caption "EXCLUSIVE - Image of the IED used to bring down the Russian airliner."

The extremist group, which has a powerful affiliate in the Sinai, had previously claimed to have downed the plane, which was mainly carrying Russian tourists, without offering further details. It said the attack was to avenge Russia's air campaign against the group in Syria.

The group said it "discovered a way to compromise the security at the Sharm el-Sheikh International Airport," without providing further details. It said it initially planned to bring down a plane from one of the countries participating in the U.S.-led coalition that has been striking it in Syria and Iraq. But it says it changed the target to a Russian plane after Moscow began launching air strikes in Syria in September.

THE ASSOCIATED PRESS



A can of Schweppes Gold, and what appears to be other bomb components made of plastic and metal.

THE ASSOCIATED PRESS

IN BRIEF

Soccer matches continue as 'life must go on' in France

Soccer matches around the country will go ahead in France this weekend in the wake of the deadly attacks in Paris to show that "life must go on," France's secretary of sport said.

In an interview Wednesday with sports daily L'Equipe,

Thierry Brillard said calling games off would be "exactly what these barbarians want," referring to the gunmen and suicide bombers who attacked Paris last Friday. Brillard said French soccer league president Frederic Thiriez is "totally" in agreement with the decision.

THE ASSOCIATED PRESS

SENTIMENT

Muslim population facing backlash in U.S.

Muslims around the U.S. are facing backlash following the deadly attacks in Paris, including vandalism to mosques and Islamic centres, hate-filled phone and online messages and threats of violence.

Advocacy leaders say they have come to expect some anti-Muslim sentiment following such attacks, but they now see a spike that seems notable, stirred by anti-Muslim sentiment in the media.

"The picture is getting increasingly bleak," said Ibrahim Hooper, a spokesman for the Washington, D.C.-based Council on American-Islamic Relations. "There's been an accumulation of anti-Islamic rhetoric in our lives and that I think has triggered these overt acts of violence and vandalism."

He said the rise in the level of anti-Muslim sentiment is reflected by some GOP presi-



The picture is getting increasingly bleak.

Ibrahim Hooper

dential candidates, governors and others speaking out in opposition to the U.S. accepting more Syrian refugees.

Hooper said the council is seeing an increase in anti-Mus-

lim incidents since Friday's attacks in Paris.

Nihad Awad, national executive director of the Council on American-Islamic Relations, asked law enforcement officials to step up patrols at mosques and other Islamic institutions.

In Connecticut, the FBI and local police are investigating reports of multiple gunshots fired at the Baitul Aman mosque in Meriden.

THE ASSOCIATED PRESS

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CONSUMERS

Dinosaur claws, fake poop on watchdog's naughty-toys list

A consumer watchdog group says dinosaur claws inspired by the movie Jurassic World and a substance that looks like poop are among the worst toys for Christmas this year.

The Massachusetts-based World Against Toys Causing Harm released its annual list of hazardous toys Wednesday.

The group says the velociraptor claws can cause eye and facial injuries, and the Play-Doh-like substance contains wheat that could cause allergies.

The list also includes a quick-folding trampoline,

which the group says can lead to injuries. WATCH says the items singled out represent common problems in toys.

The group also urges parents to be cautious when buying toys online, where nearly half of purchases are expected to be made this year.

WATCH President Joan Siff said 3 million units of toys have been recalled just in the past year for defects that could injure children.

Many of the toys were still on store shelves when recalls were issued, she said.

THE ASSOCIATED PRESS



Jurassic World velociraptor claws can cause eye and facial injuries, says World Against Toys Causing Harm.

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IN BRIEF

CP Rail faces obstacles in takeover of Norfolk

Canadian Pacific Railway's dream of creating North America's largest railroad faces a long and uncertain future following Norfolk Southern's cool initial response to the Calgary company's \$28-billion US takeover proposal. CP needs to overcome sev-

eral obstacles, including concerns over concentration, possible opposition from organized labour and a chilly reception from Virginia-based Norfolk Southern, which described the proposal as an "unsolicited, low-premium, non-binding, highly conditional indication of interest."

THE CANADIAN PRESS



Canada's four largest candy makers all settled class-action lawsuits without admitting guilt of alleged price-fixing in the chocolate industry in the country. ISTOCK

Crown wraps up chocolate case

INVESTIGATION

Last charges against candy manufacturers dropped

An eight-year probe into allegations of price-fixing in Canada's multimillion-dollar chocolate-bar industry has ended with the last charges being dropped, Canada's competition watchdog said Wednesday.

The Public Prosecution Service of Canada entered a stay of proceedings against Nestlé Canada and former president Robert Leonidas, the Competition Bureau said in a brief statement Wednesday.

Leonidas was one of three industry executives at three different companies charged in 2013 with conspiring to fix chocolate prices between 2002 and 2008. No reason was given for the Crown's decision.

Charges against Mars Canada, former Nestlé Canada executive Sandra Martinez, candy distributor ITWAL Ltd. and its former CEO, David Glenn Stevens, were also dropped on Sept. 8. Stevens is now ITWAL's

chairman.

No explanation was offered. The case against the chocolate industry began after Cadbury Adams brought the matter to the bureau's attention in 2007. The chocolate-maker received immunity from prosecution.

Hershey Canada Inc. pleaded guilty to one count of price-fixing related to communications with competitors in 2007 and was fined \$4 million on June 22, 2013, in an Ontario Superior Court of Justice.

The other three companies, Mars, Nestlé and Itwal, and their three executives continued to defend against the allegations.

All four companies settled class-action lawsuits without admitting guilt. Nestlé Canada settled for \$9 million, Cadbury Adams Canada for \$5.7 million, Hershey Canada for \$5.3 million and Mars Canada for \$3.2 million.

The outcome of the case is not unusual, said Mihkel Tombak, a professor with the University of Toronto's Rotman

School of Management. The burden of proof in criminal cases is high, he said, noting the prosecution must prove the allegations beyond a reasonable doubt.

Hershey's sentencing hearing provided a glimpse into the allegations the companies were facing back in 2007. At the time, the four largest chocolate makers accounted for 75.3 per cent of chocolate sales in Canada, a

market valued at \$840 million, court heard. Nestlé was the market leader, court heard.

During the period, senior employees at

Hershey and their counterparts at other chocolate companies exchanged competitive pricing information, either directly or through their distributor, court heard.

However, the allegations were never proven in court.

The Competition Bureau said Tuesday that it considers the chocolate case closed.

TORSTAR NEWS SERVICE

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CHANTAL HÉBERT: ON THE PM'S FIRST MISSTEP



“There was a glaring disconnect between Trudeau’s insistence that it was business as usual on the refugee and the war-on-ISIL fronts, and the public’s sense that the Paris attacks were a watershed event.

In January 1994, two months after his government was sworn in, Jean Chrétien folded himself in a small charter plane to go on his maiden foreign voyage as prime minister.

As leader of the opposition, Chrétien had described the jet Brian Mulroney had outfitted for his official foreign travels as a needless luxury. For his first trip, the incoming Liberal prime minister opted for the flying equivalent of a sardine can, a practice he would abandon at the first decent political opportunity.

Chrétien hit three European capitals in less than a week, with a pit stop in London, an overnight stay in Paris and a NATO summit in Brussels. He might as well have been a tourist on a whirlwind budget tour.

At a joint news conference with Prime Minister John Major in London, a British cabinet sex scandal stole the show.

The highlight of Chrétien’s Paris stop was a Quebec play he attended with François Mitterrand. He may or may not have mentioned a possible Quebec referendum to the French president. In any event, by the time of the 1995 vote, Mitterrand was no longer in office.

In Brussels, the issue of the fratricidal war in the former Yugoslavia dominated the NATO summit, but while Canada had peacekeeping boots on the ground, there is no public record of a significant Chrétien contribution to the discussion.

Over his visit, the new Canadian prime minister granted the European media no interviews; nor was there a chat on the trip home with those of us who covered his tour. Journalists flew on commer-

cial planes.

In a review of the Liberal prime minister’s first appearance on the international circuit, the correspondent for the Belgian daily *Le Soir* wrote that Chrétien had essentially travelled incognito.

By those standards, Justin Trudeau should have passed his first test on the international scene with flying colors.

He raised matters of substance at every stop. In Manila, he served notice on Canada’s Asia-Pacific partners that they should not take for granted a swift ratification by Parliament of the just-negotiated Trans-Pacific Partnership. At the G20 meeting in Turkey, his infrastructure-spending plan was praised by Barack Obama.

In preparation for the upcoming climate-change sum-

mit, Foreign Affairs Minister Stéphane Dion started to articulate a more activist Canadian tone in the international environment talks.

But while Trudeau probably made a positive impression on other government leaders, the domestic reviews have been decisively mixed. As media coverage goes, this has been his worst week since before the election campaign.

It is not just that Canadians saw more of French President François Hollande, or that the Paris attacks pushed non-security issues off to the sidelines or even that the latest terrorist developments made some Liberal policies a harder sell.

From a Canadian perspective, it was on tone that an unscripted Trudeau most came up short.

He may have denounced

the Paris attacks in strong terms in private but, in his public communications, he did not rise to the occasion.

There was a glaring disconnect between Trudeau’s quasi-dogmatic insistence that it was business as usual on the refugee and the war-on-ISIL fronts, and the public’s sense that the attacks were a watershed event that deserved a fuller airing.

He seemed to shrug off the well-intentioned concern of many of his provincial and municipal allies as to his refugee timetable. When federal reassurance was needed, it was offered on a piecemeal basis and usually short on specifics.

Against the backdrop of the carnage in Paris, some otherwise endearing features of Trudeau’s political persona, starting with his willingness to pose for selfies on demand, turned into liabilities. There are times when glamour is the opposite of gravitas.

Media reviews of Trudeau’s post-Paris week were particularly scathing in Quebec, the province whose links with France are the strongest. Cartoonists had a field day at his expense.

But the feeling that the rookie prime minister was not at the top of his game as he handled the first unscripted challenge of his tenure was not limited to his home province.

The premature beginning of the end of the Trudeau post-election honeymoon is part of the collateral damage of the Paris attacks. That part of the damage is largely self-inflicted.

Chantal Hébert is a national affairs writer. Her column appears in *Metro* every Thursday.

ROSEMARY WESTWOOD

metroview

For some, a decline in Christian belief spells one thing: A fight

Radicalism loves radicalism. Power hates to rescind it. And the dominant fears the minority — lest they become it.

I’m talking, of course, about Christianity in North America.

The U.S. is 70 per cent avowed Christian. Canada, two-thirds. We are very Christian nations, and the Starbucks brew-haha over its non-denominational red holiday cups was a jolly reminder.

It points to something else, too: some Christians here feel under attack. It’s an odd sentiment, given their overwhelming company, until you start to factor in a few things, including a decade of headlines about how our countries are (slowly) losing their (Christian) religion, simultaneous headlines reporting the growth of other faiths, and Islam in particular, and the rise of social-justice movements that contravene some conservative Christian teachings.

The Pew Research Centre recently released a major survey that found the U.S. continues to become less religious, driven by younger generations, and something new: hints that those who are religious might be holding tighter than ever to their faith.

Religious Americans are by some measures “even more devout than they were a few years ago,” the report noted, citing a modest growth in reading scripture or participating in prayer groups.

Alongside that, Christians

in the U.S. are reporting that their faith is under threat: 72 per cent of Americans think religion is losing its influence in American life, 56 per cent think that’s a bad thing, and a growing number want religion to play a greater role in politics, according to a Pew report from 2014. Perhaps in response to that, 50 per cent of white evangelicals feel they face “a lot” of discrimination.

In Canada, about half of us think the decline of religious involvement is bad for the country, according to an Angus Reid survey from last March. And while there’s no similar question of discrimination in the survey, discrimination is certainly the claim made in the wake of Quebec’s prayers-at-city-hall debate, or a B.C. Christian university’s bid to become a law school, or Starbucks’ red-washing of Christmas.

And I think that fear of irrelevance (unfounded though it may be) plays a role in today’s anti-Muslim sentiment.

That Angus Reid survey — conducted after Charlie Hebdo and well before Paris — found 44 per cent of Canadians have a negative view of Islam, and 51 per cent think it’s more likely than other religions to encourage violence.

Our predominantly — for now — Christian societies see another faith on the rise, and to some that spells one thing: a fight.

THE MICROTREND: Stormselfies



Adding to the usual lessons of storm safety — watch for falling branches, report downed wires, unplug appliances — there’s now a new rule: No selfies in front of the storm surge. With two major weather systems rocking the U.K. in the past week, a representative from the British environment agency has warned, “The power of Mother Nature is a fascination to us all. Taking storm selfies may seem exhilarating. But over the last few years we’ve had an increasing number of people putting themselves and family members at severe risk.” As the periodic dump of warm air and moisture known as El Niño hits this winter, more dangerous weather is likely on the way, including in Canada. So when it comes to taking risks and pulling tricks with a smartphone in hopes of social-media fame, stick to poking your friend in the eye with a selfie stick. THE INDEPENDENT

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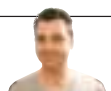


Brownstein's search for self

NEW BOOK

Rocker, writer, thinker looks at her life's journey so far

Ian Gormely
Metro | Canada



Performance is central to Carrie Brownstein's life, whether it's on stage as guitarist for rock trio Sleater-Kinney, or on the set of Portlandia, the sketch-comedy show she writes and stars in with fellow co-creator Fred Armisen.

But, as she reveals in her new memoir, *Hunger Makes Me a Modern Girl*, Brownstein assumed many roles throughout her life — fan, substitute teacher, academic — in her search for connection and identity.

"Much of what we project into the world is different permutations of ourselves," she says.

"I do think that the common thread is my writing. The reason that I write is to ask questions as much to answer them and also to form a connection with people."

She found the connection she was searching for in Olympia, Wash.'s close-knit music community, first as a member of riot grrrl band Excuse 17 and later with guitarist Corin Tucker and



Carrie Brownstein's career has taken her from guitarist for Sleater-Kinney to co-creator of sketch-comedy show *Portlandia*. CONTRIBUTED

drummer Janet Weiss in Sleater-Kinney.

The book was inspired by a series of essays Brownstein wrote for NPR.

Using Steve Martin's memoir, *Born Standing Up*, as a template, it chronicles her search for a place in the world — the journey from being "disembodied to embodied" — through to Sleater-Kinney's initial split in 2006.

Brownstein purposely skirts rock bio clichés — there are no



Brownstein co-writes *Portlandia* with Fred Armisen. CONTRIBUTED

THE MANY GIGS OF SLEATER-KINNEY



The members of Sleater-Kinney have spread their musical wings over the years.

Wild Flag: Brownstein and Weiss formed this quartet with Rebecca Cole and former Helium singer-guitarist Mary Timony. Their self-titled album from 2011 remains their only release.

Quasi: Prior to joining

Sleater-Kinney, Weiss was one-half of keyboard-led indie rockers Quasi. The band remains a going concern, releasing their ninth album, *Mole City*, in 2013.

Heavens to Betsy: Tucker's pre-Sleater-Kinney duo were one of the primary groups associated with the riot grrrl movement, taking *Excuse 17* out on tour with them in the early '90s.

tawdry tales of sex and drugs in *Hunger*'s pages.

Rather, she wanted to pen a literary love letter to her bandmates, who recently came together again and released the new album *No Cities to Love*, and to whom she dedicates the book.

Olympia's communal, anti-corporate punk spirit gave birth to the feminist riot grrrl movement, and nurtured Brownstein in her early 20s. But she and her bandmates had ambitions beyond the insular college town.

"Sleater-Kinney didn't want to preach to the converted, we

didn't want to limit ourselves," she says. "I didn't want to connect to a finite group of people."

That culminated in an opening slot for Pearl Jam in the early 2000s, putting Sleater-Kinney in front of thousands of people unaware of the band's history or politics.

"Putting yourself in new uncomfortable positions helps you clarify your point of view," she says.

"It helps you innovate and push forward. That's something I try to remember in everything I do."

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McGarrigles keep family lore alive

NEW RELEASES

Sisters' book is more tribute than musical memoir

Sue Carter
For Metro Canada



While it may seem impossible at the time, personal tragedy can sometimes lead to great art. When Canadian folk musician Kate McGarrigle died of cancer in 2010, her family began hosting an annual concert in her honour.

The events weren't just a tribute to her music as half of the beloved sister duo Kate and Anna McGarrigle, but to the extended family, including her parents, her oldest sister, Jane, and to Kate's children, Martha and Rufus Wainwright.

Charmed by the family's stories during the concert, Random House Canada executive publisher Louise Denny approached Anna with the idea of putting them down on paper. Anna suggested that she co-write the book with

Jane, who had already been developing a television series loosely based on life in Saint-Sauveur, the picturesque Quebec skiing village where the sisters grew up. The two had already co-written songs together, why not a book?

"When Anna asked me to join her, I was just overjoyed," says Jane. "Here was a real writing project, and a project dear to my heart. And I was going to do it with Anna who is always a blast to work with."

Mountain City Girls is a tender and often funny memoir told in brief first-person dispatches. Weaving together moments both significant and fleeting, the book includes favourite stories of their grandparents and ends in 1976, a year after Kate and Anna McGarrigle, the sisters' debut album was released.

"It wasn't to make a point of keeping the family lore alive," says Jane, "but it just seems to want to go on by itself."

From the beginning the sisters were clear they weren't interested in writing a music memoir. Anna's husband,



Sisters Anna and Jane say their collaborations are sometimes like an episode of I Love Lucy. THE CANADIAN PRESS

Dane Lanken, had already published a scrapbook-style book that followed the musicians, and Martha Wainwright is currently working on her own autobiography.

"I know that she's going to talk about from a certain era

on, what it was like to grow up in her family," says Anna.

"I didn't want to start telling stories about Kate. Martha might want to tell those stories. We wanted to go to another place, more in your face, to invite you in and come

meet our grandfather."

Most of the manuscript was written with the sisters sitting across from each other at a table.

"When Anna's writing, she's so deep in her subject, she's really not there," says Jane.

"I'd ask her a question about something, and I'd say, 'Hey Anna,' and there'd be no answer. She's not ignoring me, she's just not hearing me. It's like she's in this vapour."

The two joke that their collaboration at times recalled an I Love Lucy episode.

A chunk of writing would accidentally get deleted, or a printed chapter destined for the publisher would be left forgotten on a couch.

Although their editor suggested they start with a chronological timeline, Anna found linear storytelling a challenge.

"My husband calls me an anarchist because I can't do that. I can only write what I know — it's just the way I am."

Reliving family memories — in particular about their father, who died in 1965 — was an emotional experience that sometimes resulted in tears, but ultimately those shared stories brought the two sisters closer, says Jane, "knowing that often we're the only two people who remember."

Sue Carter is the editor at Quill & Quire magazine.

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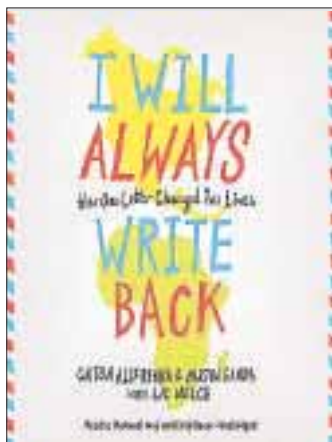
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BOOKS TO RESTORE YOUR FAITH IN HUMANITY

The world is mourning for Paris and Beirut. The lives of those lost in the terror attacks last week should be front of mind and honoured, not forgotten. But it's also important to remember the good in humanity. Keep following the news as it develops, but also, reach for one of these books to help remind yourself that people aren't all bad. **EMILY LAURENCE** METRO NEW YORK

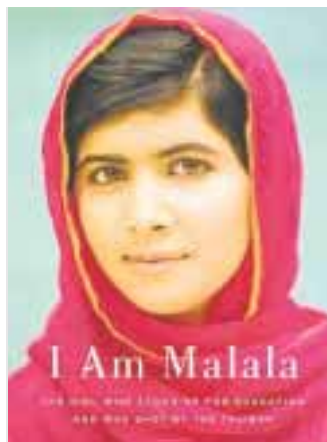
1 I Will Always Write Back by Caitlin Alifirenka and Martin Ganda

When American Caitlin Alifirenka was in the seventh grade, she started writing to a boy in Zimbabwe as part of a class project. The two kept corresponding long after the school year ended and developed a bond that would forever change the course of their lives. *I Will Always Write Back* shares those letters, along with details of just how different their situations were — Alifirenka growing up in the suburban town of Hatfield, Penn. and Martin Ganda in the slums of Mutare. This book serves as a reminder that a small act can have a huge, life-changing impact.



2 I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban by Malala Yousafzai

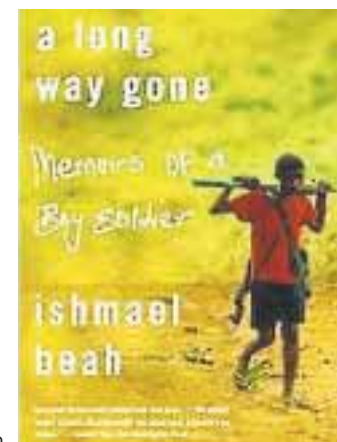
If you still haven't read Malala Yousafzai's incredible memoir about standing up to the Taliban in support of girls' education in Pakistan, you should now — especially before watching the documentary based on her story, *He Named Me Malala*, which comes to DVD this December. Seeing how one ordinary girl's bravery sparked global change will encourage you to live more boldly as well.



3 A Long Way Gone: Memoirs of a Boy Soldier by Ishmael Beah

This true story about a child soldier in Sierra Leone will break your heart, but it will also remind you that human beings are resilient creatures.

Ishmael Beah tells the story of when rebels attacked his village when he was just 12 years old, forcing him and his brother to flee the violence, not knowing where they were going and wandering from village to village locked in a struggle for survival. At 13 years old, Beah became a child soldier, conscripted by the Revolutionary United Front. In his memoir he shares his inspiring story with the world.



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PEOPLE MAGAZINE

Becks is sexiest of them all

If you were doubting the exact sexiness level of David Beckham, doubt no more, for it has officially been quantified.

Beckham has been dubbed the Sexiest Man Alive for 2015 by People magazine.

The news was announced on Jimmy Kimmel Live, with Beckham appearing via Skype to accept the honour.

"I would obviously like to thank my parents for bringing me into this world, of course. I would like to thank my hairdresser, my stylist," he joked.

He was a bit more serious with the magazine itself: "I never feel that I'm an attractive, sexy person," Beckham tells People.

"I mean, I like to wear nice clothes and nice suits and look and feel good, but I don't ever think of myself that way." Which kind of sounds like super-modest B.S., but whatever.

NED EHRBAR/
METRO
HOLLYWOOD



David Beckham



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MUST
READ



Gwen Stefani says having her heart broken has allowed her to write some really incredible music. ALL PHOTOS GETTY IMAGES

Stefani wishes split never happened

RELATIONSHIPS

Singer keeps opening up over divorce from Gavin Rossdale

Ned Ehrbar
Metro | Hollywood



Apparently Gwen Stefani talking to a radio station

about her divorce is a weekly thing now, and this week she's getting much more candid. And get this: Stefani found inspiration to split up with husband Gavin Rossdale by ... listening to her old No Doubt breakup songs.

"I go back and listen to a lot of that stuff and get sick," she tells Washington, D.C.'s 94.7 Fresh FM.

"You look at the song and go, 'that was a red flag and that was a moment where I

was feeling just as bad as I do today and why did I keep it up?'"

As for the divorce itself? She's looking on the bright side.

"I wish it didn't happen. I wish that all this wasn't happening, but it was part of my life journey," she says.

"In my life I've had two really bad heartbreaks, but I've written some really incredible music out of it." See? She really is a big fan of her work.

CHARLIE SHEEN

Martin Sheen in awe of son's courage

The West Wing actor Martin Sheen says he wishes he had the courage of his son Charlie Sheen, who has revealed he's HIV-positive.

Sheen spoke Tuesday during an event at The Ritz-Carlton resort in Naples, Florida, hours after his son's appearance on NBC's Today.

According to the Naples Daily News, Sheen said his 50-year-old son had been working up to the announcement for months with his family's encouragement.

Sheen said that as he watched his son reveal "his deepest, darkest secret, I couldn't believe the level of courage I was witnessing, and that it was my son."

Sheen encouraged support for people struggling with drug and



Martin Sheen

alcohol addictions.

He said he hoped the announcement was "the first day of the rest of Charlie's life as a free man." THE ASSOCIATED PRESS

GOSSIP BRIEFS

Adele doesn't sing about heartbreak, for once

Adele is the queen of heartbreak. When she released Hello a few weeks ago, it teased that her new album would continue her lonely-hearts song trend. But this week she dropped her new single, Water Under The Bridge, and it's about her being happy in love. Adele tells Beats 1 Radio that the song is about her waiting for boyfriend Simon Konecki to treat her badly. But it just didn't happen. "Water Under The Bridge is more like, I'm waiting for him to be horrible but I don't think he's gonna be, waiting for the relationship to end. This is the relationship now that I'm gonna be in. It was quite a ground-breaking moment," she says.

EMILY LAURENCE/METRO NEW YORK

Bieber gets assassinated in Zoolander 2

Canadian pop superstar Jus-



Adele

tin Bieber appears to meet a grim fate in the upcoming Zoolander 2 film. The comedy spoof features an assassin who's out to kill "the world's most beautiful people," and Bieber appears to be one of them. A newly released trailer for the film starring Ben Stiller and Owen Wilson shows Bieber being chased down by an assassin who's on a motorbike. In the next shot, Bieber is apparently injured on the ground, and uses his phone to take a selfie while flashing blue steel. Zoolander 2 is due out in February. THE CANADIAN PRESS

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Packing up your life and starting over doesn't have to be a daunting task. Websites and apps like Krrb and Fountain connect you with those who can help. ISTOCK

Home setup just a click away

TECHNOLOGY

These online resources take hassle out of moving, decor

In a connected world, nesting's a lot easier than it used to be. There are apps and websites that streamline many aspects of setting up and dismantling a home.

Whether you're trying to get rid of old stuff, buy new stuff, move stuff or find ways to use your stuff, chances are there's an app (or at least a website) for that.

Note: Some of the services are currently available only in the U.S.

Move it

There was a time when moving out of an old place and into a new one was a daunting logistical challenge, especially for the unorganized or inexperienced.

How do you find a reliable moving company? What do you need to know to prepare and execute a successful move?

Unpakt.com lets you compare more than 600 pre-screened, licensed, local or interstate moving firms, read credentials and

reviews, and book online. Plug in the size of your home, the date you want to move, locations, and any additional needs like storage or extra drop-off stops. You can live-chat with an adviser. There's info and an app for setting up your moving timeline and making an inventory. (unpakt.com)

Move Advisor also helps with an inventory, and calculates how many boxes and furniture blankets you're likely to need, as well as estimating the requisite moving capacity of any truck you're thinking of renting for a DIY move. If you decide to go with pros, you can email your inventory directly to them. An online timeline tracks your to-do list. (moveadvisor.com)

Lose it

For those who want to sell off belongings with minimum inconvenience, Krrb (pronounced "curb") is a classifieds site designed for local and in-person commerce. The company's mission is to highlight "what's right next door, not a billion anonymous results," in order to save time, money and the need for packing, shipping and returns. Users can buy and sell second-hand items, local goods and more. You can join Krrb and set

up your "corner shop" for free, but publishing a listing costs one "credit," which you can buy or earn by doing things like filling out a profile or reviewing the Krrb iPhone app. (krrb.com)

New York-based AptDeco.com was founded by Kalam Dennis and Reham Fagiri as an alternative to Craigslist after they learned that 10.8 million tons of furniture go to landfills each year. They hoped to make it easier to unload unwanted furnishings or find something new. Want to sell that old dresser you got from your uncle? AptDeco provides pricing advice, promotion, picks up the item, and handles the financial transaction. (aptdeco.com)

Decorate it

You could ask your style-savvy best friend for decorating advice, but wouldn't it be nice if a pro was available? Well, for a relatively small fee you can tap into an online brain trust of hundreds of design professionals.

West Elm offers free help with things like designing and measuring a floor plan, decorating, and choosing paint and fabrics. For a fee, they've got pros who can come help with everything from wall-mounting a TV to painting a room to



Home decor items curated by a stylist for U.S. clientele who join The Swatch Box. The batik pillow, below, is a popular item on the home styling site. THE SWATCH BOX VIA THE ASSOCIATED PRESS

hanging shelves, art and curtains. (westelm.com)

Laurel & Wolf, a Los Angeles online interior design marketplace, connects people with interior designers. Upload some photos and answer questions about your space, budget, lifestyle and taste, and you'll receive "First Looks" from several interior designers. You re-

view the ideas and select one designer with whom to work. They send you back a style board, furniture plan, instructions and shopping list.

Kimberly Valente, one of Laurel & Wolf's design partners, recently helped a Santa Monica couple who were moving in together and didn't like each other's stuff. They agreed they wanted a beachy, casual vibe. Valente suggested some kitchen backsplash and counter upgrades as well as new lighting, and a soothing palette of ocean blue and sand. (laureland-wolf.com)

The Fountain app connects you to interior decorators, handymen, gardening experts and tech folks. You can talk over your project by video-chat, and the experts can sketch out ideas on your posted images. (fountain.com)

If you're a member at The Swatch Box, you complete a style-preference survey and get matched with a stylist, who curates a quarterly collection of items for your space and sends them to you — throws, pillows, bedding and entertaining items, for instance. You keep what you want and send back the rest. (theswatchbox.com)

THE ASSOCIATED PRESS



IN BRIEF

Directional fabric broom heads ban extended

The World Curling Federation has extended a ban on controversial broom heads to all events for 2015-16.

Olympic gold medallists Brad Jacobs, Brad Gushue, Jennifer Jones and former world champion Glenn Howard were among 50 Canadian and international teams who signed a statement released Oct. 14, saying their teams will not sweep with broom heads that have "directional fabric."

Coarse material on the broom heads creates a sandpaper effect on the ice and with it, sweepers have been able to manipulate the rock's trajectory in ways they never could before.

THE CANADIAN PRESS

Keuchel, Arrieta win this year's Cy Young awards

Houston Astros lefty Dallas Keuchel beat out Toronto Blue Jays ace David Price for the AL Cy Young Award on Wednesday, while Jake Arrieta of the Chicago Cubs topped Dodgers stars Zack Greinke and Clayton Kershaw for the NL honour.

Keuchel got 22 first-place votes from the Baseball Writers' Association of America for 186 points. Price drew eight firsts and 143 points, and Oakland's Sonny Gray finished third.

Arrieta got 17 first-place NL votes for 169 points. Greinke drew 10 first-place votes and had 147 points. Kershaw had the other three firsts and 101 points.

THE ASSOCIATED PRESS

Offence fizzling, so time to call LaPolice

VIEW FROM THE 300S



Andrew 'Hustler' Paterson

While our city prepares to welcome the CFL for next week's Grey Cup, the Winnipeg Blue Bombers are already on to 2016 with the first order of business — finding a new offensive coordinator.

Mike O'Shea announced last week that Marcel Bellefeuille would not be back next season after more than two years at the helm of an offence that has been mired near the bottom of CFL.

Now the search begins for someone to get the Bomber attack back to respectability and no longer an anchor dragging the team into the basement.

A number of names have been suggested for the Bomber OC position, but none is more intriguing than Paul LaPolice. Remember him?

LaPolice is currently a CFL analyst for TSN. He has been working with the broadcaster since he was unceremoniously canned as Bombers head coach by then-GM Joe Mack, eight games into the 2012 season, mere months after leading the team to the 2011 Grey Cup. This disastrous move by Mack effectively put the Bombers back years; he followed up LaPolice with the embarrassing Tim Burke era, which led to the implosion of the entire front office.

So two years into Mike O'Shea's time running the show, would LaPolice be a good fit with the Bombers and would the Bombers OC job make sense for LaPo?

LaPolice is still a young



Paul LaPolice THE CANADIAN PRESS FILE PHOTO

man with an extensive resume and experience running CFL offences. He had great success with the Saskatchewan offence and would have a Grey Cup ring from 2009 were it not for the infamous 13th-man penalty on the game's final play. The Bomber offence on his watch was not as successful, but much of that had to do with the personnel he had to work with, particularly at quarterback.

He and his young family still live in Winnipeg and his connection to our community would only be an asset.

Mike O'Shea is under immense pressure to get this turned around and has next year to do it.

The embattled coach has only one concern and that is to make the Bombers better when next season kicks off. He needs an experienced OC who can help the team immediately. LaPolice could be that guy if the Bombers were able to convince him to take the job.

Former coaches who end up in the broadcast booth often feel they have gone to heaven.

Sleep is once again part of the daily routine and you get to actually see your family during the season.

But for all the benefits of a broadcasting job over the pressure of coaching, it seems LaPolice wants to get back on the sidelines and resume his coaching career. A successful stint as Bomber OC would certainly boost his chances of returning to a head coaching job in the CFL.

Paul LaPolice got a raw deal in 2012 when he was fired as coach of the Winnipeg Blue Bombers.

A return to the Bombers staff in 2016 would go a long way to righting the ship that has been sinking since he was thrown overboard.

8

The number of games — less than half a season — Paul LaPolice got to coach the 2012 Blue Bombers.

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NHL

All-star game gets bold format change

Anyone watching the NHL all-star game in recent years knew it was broken, so the league and players are trying something different to fix it.

A three-on-three tournament featuring teams from the four divisions will replace the traditional game at the 2016 NHL all-star weekend in Nashville in late January. The official announcement of the new format came Wednesday night.

The change, which required approval from players, drew

positive reviews around the league.

"I just think the all-star game's fantastic for those who attend it," Toronto Maple Leafs coach Mike Babcock said. "As far as being a spectator sport on TV, it sure hasn't been that."

The goal is to infuse something into the all-star game, without going to the lengths that Major League Baseball has. The MLB all-star game decides home-field advantage in the World Series. THE CANADIAN PRESS

CFL

Westerman up for veteran's award

He's already a nominee as the CFL's top Canadian, but Jamaal Westerman is in line for another league honour.

The Winnipeg defensive end is also the Blue Bombers' nominee for the Jake Gaudaur Veteran's award, given annually to the CFL player who best demonstrates the qualities exhibited by the country's veterans in times of war, peace and military conflict. Other nominees for the award include offensive linemen Tyler Holmes (Toronto Argonauts),



Jamaal Westerman
THE CANADIAN PRESS FILE

Jeff Perrett (Montreal Alouettes) and Peter Dyakowski (Hamilton Tiger-Cats), fullbacks Rob Cote (Calgary Stampeders), Jordan Veredone (Ottawa Redblacks) and Rolly Lum-bala (B.C. Lions),

receiver Rob Bagg (Saskatchewan Roughriders) and long-snapper Ryan King (Edmonton Eskimos).

THE CANADIAN PRESS

RECIPE One-Pot Chicken Cacciatore



PHOTO: MAMA VISIONE

Ceri Marsh & Laura Keogh
For Metro Canada

This updated hunter's stew smells and tastes like it's been bubbling away on the stove for hours but only takes half an hour.

Ready in
Prep time: 30 minutes
Serves 4

- Ingredients**
- 1 Tbsp olive oil
 - 4 boneless, skinless chicken thighs
 - Salt and pepper
 - 1 lb mushrooms, cleaned, trimmed and sliced
 - 3 cloves of garlic, minced
 - 1 Tbsp rosemary, minced
 - 1 x 19 oz canned whole tomatoes
 - 1 x 15 oz canned cannellini beans, rinsed and drained
 - Salt and pepper to taste

Directions

1. Pour oil into a large Dutch oven or pot over medium heat. Slice the chicken thighs into about four pieces each and season them with a good pinch of salt and pepper. Working in batches, brown the meat. Don't worry about cooking it through. When the meat is brown, set it aside on a clean plate, drain off all but 2 Tbsp of fat.
2. Reduce heat slightly and toss in mushrooms. Once they've cooked down, about three minutes, add the garlic and rosemary and sauté for another minute.
3. Now add your tomatoes and beans. Use the back of a wooden spoon to break up the tomatoes. Add the cooked chicken pieces and allow everything to simmer for about 15 or 20 minutes. Taste to check seasoning and add salt and pepper to taste.

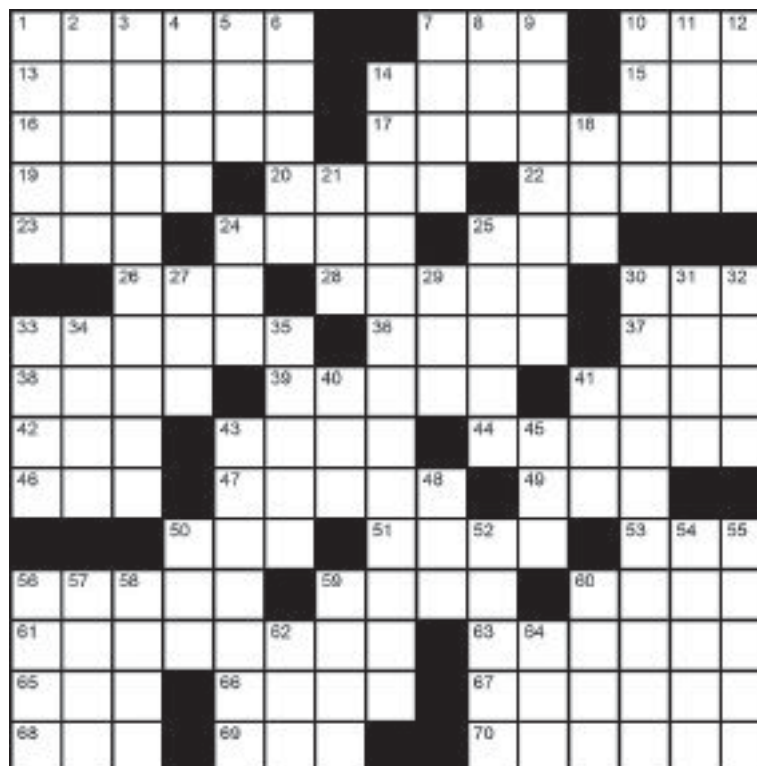
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22. "___ Touch This" by MC Hammer
23. Mr. Mineo
24. "___ (British glam band)
25. Chart-topper
26. Ms. Thompson
28. Bee Gees' "Night ___"
30. "Murder, ___ Wrote"
33. Boll ___ (Type of beetle)
36. ___ of reality
37. Perfect rating
38. Ms. Hathaway
39. Singer, Faith ___
41. Desert's weather
42. 700 to Caesar
43. Impartial
44. Cowboy flicks
46. "Aaaii-!!" (Cartoon shriek)
47. "___, I saw, I conquered." = "Veni, vidi, vici." (Julius



- Caesar's boast)
49. Bitty
50. Utmost, numbers-wise
51. Pull along
53. Trail
56. French ___ soup
59. Ancient region of Europe
60. Identical
61. Joined up:

- 2 wds.
63. Three-horsed Russian carriage
65. Luanda is its cap.
66. Smelting waste
67. Apple variety
68. "Awesome!"
69. Rest in a recliner
70. Parthenon's

place

DOWN

1. Architectural framework
2. Landscape garden plant
3. Top badge in the program at #43-Down, Award of ___
4. Match

5. Chg. card percentage
6. Negative response giver, say
7. Satellite
8. Large vase
9. "Jerry ___" (1996)
10. Gull-like bird
11. Outline
12. Hook or Cook's li'l title
14. Another of the tests in #43-Down: 3 wds.
18. Railway crossing [abbr.]
21. ___ Leppard
24. Cocktail, Mai ___
25. "___ Fine" by The Chiffons
27. Lady at #20-Across
29. Maria Trapp connector
30. Savvy, like an urbanite
31. ___ to the throne
32. Remnants
33. Walk in shallow water
34. 'Refer' suffix
35. "Lifestyles of the Rich and Famous" host Robin
40. By
41. 'Deterior' suffix
43. Canada ___ Award (Program for students of the 1970s and 1980s testing speed, strength, endurance and agility)
45. Cobbler's tool
48. Perrier, par example
50. Oui's opposite
52. Prefix to 'violet'
54. Singer, Clay ___
55. Irsksome insects
56. "___! ___." (American anthem opener)
57. Songstress Ms. Simone
58. Mr. Pop of punk
59. Rocky Mountains animal
60. "Nonsense!"
62. Gladiator's 551
64. Boring routine

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may sympathize with a friend's problems but it is not your job to fix them. Sometimes it's better to let others find their own way — this is one of those times. Only step in if things really start to get bad.

Taurus April 21 - May 21
It would be nice if you liked everyone and never got angry but you are not that kind of person, so if someone gets under your skin make a point of avoiding them.

Gemini May 22 - June 21
It may seem as if you do not deserve the good things coming your way but it isn't true. That's why certain people are upset: deep down they know you are better than they are.

Cancer June 22 - July 23
You are not a trivial person so don't do or say trivial things. It may be tempting but why lower yourself? You don't need to come down to someone else's level to make a point: their own negative attitude is punishment enough.

Leo July 24 - Aug. 23
Let others know what you're worth. Your talents do not come cheap. Some may say your price is too high but they still require your services.

Virgo Aug. 24 - Sept. 23
The more you push yourself the less you are likely to achieve, so give yourself some breathing space. There are times it is hard to make an impression and this is one of them.

Libra Sept. 24 - Oct. 23
Do something on the spur of the moment today — it will be fun. Everyone may not approve but you enjoy being different.

Scorpio Oct. 24 - Nov. 22
Try not to get too emotional about something that you would usually dismiss. Also, don't be afraid to cut your losses if they are getting too big: the longer you hang on the bigger they are likely to get.

Sagittarius Nov. 23 - Dec. 21
Let off some steam and don't worry if others object. They have only themselves to blame for leading you on and believing they could get away with it. You are not the type to let bad deeds go unpunished.

Capricorn Dec. 22 - Jan. 20
Try not to take anything too seriously today. You are dealing with forces that are too big to control or change. Accept your current situation for what it is and go with the flow.

Aquarius Jan. 21 - Feb. 19
If you let your feelings get the better of you today it will cause more than a few problems further down the line. Aim to put logic ahead of emotion.

Pisces Feb. 20 - March 20
The grass may look greener on the other side of the fence but you are advised not to make changes just yet. Wait until the Sun changes signs on the 22nd before making your move — you may find that you don't have to after all.

CONCEPTIS SUDOKU by Dave Green

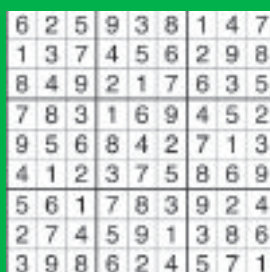
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